



Government Degree College Langate Kupwara

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INTRAMURAL TUG OF WAR MATCH AND PLEDGE



Date: 28th August

Location: Government Degree College Langate

The **Department of Physical Education and Sports** in Collaboration with NSS unit at Government Degree College Langate organized an exhilarating **Intramural Tug of War match on the 28th of August**. The event was held within the college premises and also included a pledge for promoting sportsmanship and the value of physical activity. The event was presided over by **Dr. Barkat Hamid NSS Program Officer** and **Dr. Bilal Ahmad Wani, the Convener of Sports**, at GDC Langate.

The event garnered enthusiastic participation from both students and faculty members alike. Approximately 15 students and 12 faculty members enthusiastically joined the competition, showcasing their commitment to sports and healthy competition. The event aimed not only to provide a platform for physical engagement but also to foster a sense of camaraderie among participants.

The event culminated in an intense final match that pitted the students against the faculty members. The energy and determination displayed by both teams were truly commendable. After a fierce battle of strength and teamwork, the students emerged as the victorious team, showcasing their remarkable coordination and strength.

The pledge taken during the event further added a meaningful aspect to the proceedings. Participants, spectators, and organizers collectively pledged to uphold the spirit of sportsmanship, fair play, and dedication to physical fitness. This pledge serves as a reminder of the holistic benefits that sports bring to individuals and communities alike.



In conclusion, the **Intramural Tug of War** match organized by the Department of Physical Education and Sports at Government Degree College Langate proved to be a resounding success. The active participation of students and faculty members, coupled with the encouraging words from the NSS Program Officer and Convenor Sports, created an atmosphere of unity and enthusiasm. The event not only celebrated the joy of sports but also highlighted the role of physical activity in maintaining a healthy mind and body. The pledge taken during the event reinforces the college's commitment to fostering sportsmanship and overall well-being among its members.